

# Our Lady of the Lakes Catholic Community

We come together in our common faith as God's Holy People.  
Strengthened by the Word of God and His sacraments,  
we go forth in faith to love and serve one another.



## OFFICE OF THE BISHOP

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### **Statement from Bishop Salvatore R. Matano to the Faithful Regarding COVID-19, the Coronavirus Disease, and the Suspension of Public Masses in the Diocese of Rochester**

*March 16, 2020  
Monday of the Third Week of Lent*

Due to growing concerns, ongoing medical advice, as well as continuing local and state government restrictions in social settings to limit the rapid spread of the Coronavirus, COVID-19, all public Masses in the Diocese of Rochester are suspended until further notice, effective immediately, March 16, 2020. Churches however, will remain accessible for private prayer, pending further regulations and as feasible in local situations, at the discretion of the pastor/administrator.

At this time, funerals and weddings may be celebrated; however, no more than 50 people may be in attendance in accord with the State of New York's March 16, 2020 limit on crowd capacity, and strictly following the precautions previously stated by the Diocese of Rochester on March 12, 2020. Further restrictions may change these guidelines as we go forward.

These steps are being taken out of a grave concern for the safety and protection of all concerned. This decision is truly grave and imposes a great sacrifice upon our people who deeply love the Sacrament of the Most Holy Eucharist. I ask our priests to offer Mass each day, without the presence of the faithful, fulfilling their scheduled Mass intentions, as well as praying for all entrusted to their pastoral care. "In the mystery of the Eucharistic Sacrifice, in which priests fulfill their greatest task, the work of our redemption is being constantly carried on; and hence the daily celebration of Mass is strongly urged, since even if there cannot be present a number of the faithful, it is still an act of Christ and of the Church." (*Presbyterorum Ordinis*, no. 13; Cf. *Code of Canon Law*, c. 904).

I encourage all Catholics and all God's people to continue to pray for the community, especially those who are sick and for the most vulnerable, for our medical community and our government and health leaders who are guiding us in this emergency. Please also remember those whose lives have been otherwise disrupted, especially anyone who has lost income from a loss of work during this difficult time. May Jesus Christ, the Divine Physician, grant us health and bring us to a resolution of this universal pandemic. May Mary, Our Mother, protect us.

Further updates will be provided as needed.

**Fourth Sunday of Lent 3-22-2020**

Did you get our email? If not, **Update your Information** please help us keep you in touch with what is happening here at Our Lady of the Lakes. Please fill out and submit to Parish Office (call, postal mail, email, etc.)



## The Better (Spray) Recipe

Isopropyl alcohol  
Hydrogen peroxide  
Spray bottle

Glycerol or glycerin  
Distilled water

Name	
Email	
Phone	
Emergency Contact	
Address	

The aloe mixture gets the job done, but aloe also leaves your skin annoyingly sticky. So, here's a recipe that's less sticky and more potent, based on the mix recommended by the WHO.

Mix 1  $\frac{2}{3}$  cups alcohol with 2 teaspoons of glycerol. You can buy jugs of glycerol online, and it's an important ingredient because it keeps the alcohol from drying out your hands. If you can't find glycerol, proceed with the rest of the recipe anyway and just remember to moisturize your hands after applying the sanitizer.

Mix in 1 tablespoon of hydrogen peroxide, then another  $\frac{1}{4}$  cup of distilled or boiled (then cooled) water. (If you're working with a lower-concentration solution of rubbing alcohol, use far less water; remember, at least  $\frac{2}{3}$  of your final mixture has to be alcohol.)

Load the solution into spray bottles—this isn't a gel, it's a spray. You can wet a paper towel with it as well and use that as a wipe.

If you must, you can add in a splash of essential oil to your concoction to make it smell nice. Just don't use lavender. Everyone else uses lavender, and your sanitizer is superior.

God our Father, Creator of the world, almighty and merciful, out of love for us.

You sent your Son into the world as the doctor of our souls and our bodies, look upon your children who, in this difficult time of confusion and dismay in many regions of Europe and the world, turn to you seeking strength, salvation and relief, deliver us from illness and fear, heal our sick, comfort their families, give wisdom to our rulers, energy and reward to our doctors, nurses and volunteers, eternal life to the dead. Do not abandon us in the moment of trial but deliver us from all evil.

We ask this of Thee, who with the Son and the Holy Spirit, live and reign for ever and ever.

### When and How to Wash Your Hands

<https://www.cdc.gov/handwashing/when-how-handwashing.html>

**Handwashing is one of the best ways to protect yourself and your family from getting sick. Learn when and how you should wash your hands to stay healthy.**

#### Wash Your Hands Often to Stay Healthy

You can help yourself and your loved ones stay healthy by washing your hands often, especially during these key times when you are likely to get and spread germs:

- **Before, during, and after** preparing food
- **Before** eating food
- **Before and after** caring for someone at home who is sick with vomiting or diarrhea
- **Before and after** treating a cut or wound
- **After** using the toilet

#### After [changing diapers or cleaning up a child who has used the toilet](#)

- **After** blowing your nose, coughing, or sneezing
- **After** touching an animal, animal feed, or animal waste
- **After** handling pet food or pet treats

**After** touching garbage



March 22, 2020  
Fourth Sunday of Lent

**Reading I: 1 Samuel 16:1b, 6-7, 10-13a**

**A Reading from the first Book of Samuel**

The Lord said to Samuel: "Fill your horn with oil, and be on your way. I am sending you to Jesse of Bethlehem, for I have chosen my king from among his sons." As Jesse and his sons came to the sacrifice, Samuel looked at Eliab and thought, "Surely the Lord's anointed is here before him." But the Lord said to Samuel: "Do not judge from his appearance or from his lofty stature, because I have rejected him. Not as man sees does God see, because man sees the appearance but the Lord looks into the heart." In the same way Jesse presented seven sons before Samuel, but Samuel said to Jesse, "The Lord has not chosen any one of these." Then Samuel asked Jesse, "Are these all the sons you have?" Jesse replied, "There is still the youngest, who is tending the sheep." Samuel said to Jesse, "Send for him; we will not begin the sacrificial banquet until he arrives here." Jesse sent and had the young man brought to them. He was ruddy, a youth handsome to behold and making a splendid appearance. The Lord said, "There—anoint him, for this is the one!" The Samuel, with the horn of oil in his hand, anointed David in the presence of his brothers; and from that day on, the spirit of the Lord rushed upon David.

*The word of the Lord. Thanks be to God.*

**Reading II: Ephesians 5:8-14**

**A reading from the Letter of St. Paul to the Ephesians**

Brothers and sisters; You were once darkness but now you are light in the Lord. Live as children of light, for light produces every kind of goodness and righteousness and truth. Try to learn what is pleasing to the Lord. Take no part in the fruitless works of darkness; rather expose them, for it is shameful even to mention the things done by them in secret; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore, it says:

"Awake, O sleeper,  
And arise from the dead,  
And Christ will give you light."

*The word of the Lord. Thanks be to God.*

**Gospel: John 9:1-41**

**A reading from the Holy Gospel according to John. Glory to you, O Lord.**

As Jesus passed by he saw a man blind from birth. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" Jesus answered, "Neither he nor his parents sinned; it is so that the works of God might be made visible through him. We have to do the works of the one who sent me while it is day. Night is coming when no one can work. While I am in the world, I am the light of the world." When he had said this, he spat on the ground and made clay with the saliva, and smeared the clay on his eyes, and said to him, "Go wash in the Pool of Siloam" - which means Sent-. So he went and washed and came back able to see. His Neighbors and those who had seen him earlier as a beggar said, "Isn't this the one who used to sit and beg?" Some said, "It is," but others said, "No, he just looks like him." He said, "I am." So they said to him, "How were your eyes opened?" He replied, "The man called Jesus made clay and anointed my eyes and told me, 'Go to Siloam and wash.' so I went there and washed and was able to see." And they said to him, "Where is he?" He said, "I don't know."

They brought the one who was once blind to the Pharisees. Now Jesus had med clay and opened his eyes on a sabbath. So then the Pharisees also asked him how he was able to see. He said to them, "He put clay on my eyes, and I washed, and now I can see." So some of the Pharisees said, "This man is not from God, because he does not keep the Sabbath." But others said, "How can a sinful man do such signs?" And there was a division among them. So they said the blind man again, "What do you have to say about him, since he opened your eyes?" He said, "He is a prophet."

Now the Jews did not believe that he had been blind and gained his sight until they summoned the parents of the one who had gained his sight. They asked them, "Is this your son, who you say was born blind? How does he now see?" His parents answered and said, "We know that this is our son and that he was born blind. We do not know how he sees now, nor do we know who opened his eyes. Ask him, He is of age; he can speak for himself." His parents said this because they were afraid of the Jews, for the Jews had already agreed that if anyone acknowledged him as the Christ, he would be expelled from the synagogue. For this reason his parents said, "His is of age; questions him."

So a second time they called the man, who had been blind and said to him, "Give God the praise! We know that this man is a sinner." He replied, "If he is a sinner, I do not know. One thing I do know is that I was blind and now I see." So they said to him, "What did he do to you? How did he open your eyes?" He answered them, "I told you already and you did not listen. Why do you want to hear it again? Do you want to become his disciples, too?" They ridiculed him and said, "You are that man's disciple; we are disciples of Moses! We know that God spoke to Moses, but we do not know where this one is from." The man answered and said to them, "This is what is so amazing, that you do not know where he is from, yet he opened my eyes. We know that God does not listen to sinners, but if he is devout and does his will, he listens to him. It is unheard of that anyone ever opened the eyes of a person born blind. If this man were not from God, he would not be able to do anything." They answered and said to him, "You were born totally in sin, and you are trying to teach us!" Then they threw him out.

When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?" He answered and said, "Who is he, sir, that I may believe in him?" Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "I do believe, Lord," and he worshiped him. Then Jesus said, "I came into this world for judgement, so that those who do not see might become blind."

Some of the Pharisees who were with him heard this and said to him, "Surely we are not blind, are we?" Jesus said to them, "If you were blind, you would have no sin; but now you are saying, 'we see' so your sin remains."

Photo from Pixabay. kids . .

**Schools are closed and kids are home** -- but what to do with them? **Break out the board games and cards.** Now is the time to bring out the old school, non-screen way of having fun. Want to just play a good ol' card game? Check out the Bicycle How to Play App, which has rules for more than 75 different card games, from Rummy to Poker to Hollywood Eights.

**Have a mini dance party** Need to burn some energy? Go Noodle has videos that walk you through how to do a variety of crafts, as well as some brain exercises. But when it comes to getting that blood pumping, try their "Featured in School" playlist or the Zumba Kids channel. See all the Go Noodle content at [family.gonoodle.com](http://family.gonoodle.com).

**Issue a LEGO challenge** Give your master builder a task to complete each day, whether it's building a dream beach house or a waterpark. The Stem Laboratory has a series of LEGO Challenge Cards you can download and use at [thestemlaboratory.com](http://thestemlaboratory.com).

**Hear a story from an astronaut** Story Time from Space is a series of videos featuring astronauts reading stories from space to kids. You get a look at what life is like in a space station too, which is really neat. Check it out at [storytimefromspace.com](http://storytimefromspace.com).

**Do a lunch doodle with Mo Willems** Every weekday at 1 p.m. you can tune into The Kennedy Center's YouTube Channel for "Lunch Doodles with Mo Willems." Willems is the artist-in-residence at The Kennedy Center and is known for creator children's books. During his Lunch Doodles videos he'll show kids how to make one of his characters. Check it out at [kennedy-center.org](http://kennedy-center.org).

**Travel the world from your couch** Want to visit the Palace of Versailles? The Uffizi Gallery in Florence? The Taj Mahal? You can use Google's art camera to go inside paintings, use the street view to explore or the 360 videos to feel like you're actually there. Other great places to explore using the service? Prambanan Temples in Indonesia, Machu Picchu in Peru and the International Space Station.

**Put on a puppet show** Let your kids embrace their creative side by making their own mini puppet performance. MicheLee Puppets has a whole series of videos that walk you through how you can make your own puppets, whether you want to craft sock puppets, glove puppets, rod puppets, shadow puppets or even a hand puppet from an Easter egg). Learn more about MicheLee Puppets at [micheleepuppets.org](http://micheleepuppets.org).

**Get messy with science** Good sources for experiments include [MommyPoppins.com](http://MommyPoppins.com) and The Kitchen Pantry Scientist.

**Explore Mars** Google and NASA let you virtually explore the surface of Mars via the Curiosity rover. As you go around Mars you can also learn more about the Curiosity rover itself and its mission. Check it out for yourself at [accessmars.withgoogle.com](http://accessmars.withgoogle.com).

**Make coloring masterpieces** Head to [coloringnature.org](http://coloringnature.org) to print out a variety of coloring pages for different age groups. Want to keep it Pennsylvania themed? The state also has its own printable coloring pages available online, including one featuring the Liberty Bell. You can find them at [pacapitol.com](http://pacapitol.com).

**Read** Most libraries in the country partner with some sort of digital platform to bring their collection online -- all you need to do is use your library card! Popular platforms include Hoopla and Libby. Prefer to keep them up-to-date on current events?

**Craft one... or two... or more projects** Check out Craft Project Ideas for a wide variety of craft projects, including everything from a paper plate aquarium porthole to a rainbow pasta wind chime. Learn more at [craftprojectideas.com](http://craftprojectideas.com).

**Make a musical instrument** Don't have a piano, trumpet or violin at home? Learning Liftoff has great resource son how to make your own musical water xylophone, paper plate banjo or tin can drums. Check it out at [learningliftoff.com](http://learningliftoff.com).

**Start a daily journal or vlog** The COVID-19 pandemic is a historical moment in time. It's something worth remembering. So encourage your kids to document the experience in some way, whether that's keeping a journal or making a video blog.



## Our Lady of the Lakes Contact Information

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### **St. Michael's School**

Phone & Fax: 315-536-6112

Debra Marvin, Principal

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<http://stmichaelschoolpy.com/>

### **St. Januarius / St. Patrick's**

M/W/ F 8:30am-1:30pm

180 North Main St.

Naples, NY 14512

585-374-2414

Fax: 585-374-2415

### **St. Michael's**

M - F 8:30am-4:30pm

210 Keuka Street

Penn Yan, NY 14527

315-536-7459

Fax: 315-536-3817

Got Questions?  
Look online or  
call the Parish Office  
315-536-7459

### **Registration**

**New Parishioner**

**Baptism**

**Anointing of the Sick**

**Marriage**

**Holy Orders**

**If you have a Pastoral Emergency  
during non business hours**

**call 1-607-279-3750**

**Or 315-340-0001**

**To make appointment for Reconciliation**

**315-536-7459**

**Prayer Line**

**315-536-7459**

OLOL Website - <https://ourladyofthelakescc.org/>

Facebook - <https://www.facebook.com/ourladyofthelakescc/>

   Twitter: <https://twitter.com/OLOLFLXParish>

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END OF BULLETIN

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Comments: March 22, 2020 Masses suspended until further notice